



How to Host an Office Olympics Fundraiser

The Basics:

First gather your contenders by hanging up sign-up sheets around the office. Participants make a donation of your choosing (recommended \$20-\$30) and are then divided into two competing teams.

The Games:

Compile a list of events by brainstorming with your colleagues. Think about your office's layout and utilize the furniture and equipment that is there when planning your Olympic events. Use your imagination and create fun games to play. Some ideas include:

- Putting contests
- Paper football contests
- Elastic band firing contests
- Fastest tie-tieing contests
- Most spins in an office chair in 30 seconds
- Longest paperclip chain in 15 seconds

Set an Olympic ambiance in the office. Create an Olympic torch out of rolled up paper and have someone make rounds through the office before the games begin to add a touch of authenticity to your event.

Keeping Score and Announcing the Winners:

Make sure to have a score keeper for each team. The team who wins the most events wins the Olympics! Even determine your first, second, and third place winners and hold a closing ceremony at the end of the games. Hand out homemade gold, silver, and bronze medals to the winning team members.

Contact your local Autism Speaks office for autism-related materials to display at your event, such as brochures and Walk Now for Autism Speaks banners.